Fish Grow on Trees

Though it may look different, we and fish share the same needs for a high quality of life. These include:

Shelter Safety Food Comfort

















High-quality trout habitat is:





BUT extensive agriculture & logging practices Cleared rivers of downed trees and boulders

& Cut down upland and streamside trees









Vermont Fish and Wildlife has found a lack of housing, or fish habitat, is the #1 factor limiting trout populations in cold streams. VFWD and partners are successfully restoring fish habitat through tree plantings & wood strategically added to streams.

10 years of wood addition

300 staff hours

50 stream miles restored



= 60,000 more Brook Trout each year!

Help us protect and restore high quality fish habitat!



Wood is good!

Mature trees are the building blocks of future fish habitat and their cooling shade protects fish from warming water temperatures. Avoid cutting trees or moving within 100 feet of a stream.



Mess is best!

Leave fallen trees, branches, and leaves in and along streams. Leaves feed the critters that fish eat, and trees provide structure where fish live.











